



# Registered Restaurant Apprenticeship

## APPRENTICE: EARN WHILE YOU LEARN

The Registered Restaurant Apprenticeship Program connects you to the nation's second-largest private-sector employer — restaurants — through industry apprenticeships in several disciplines. Apprentices gain valuable on-the-job training while earning a U.S. Department of Labor-approved industry certification. The National Restaurant Association Educational Foundation funds the apprenticeship-related training expenses, so there is no cost to the business or the apprentice.

### TRACKS AND ELIGIBILITY

All tracks are available to individuals 17 or older. A high school diploma is required by the completion of the apprenticeship.

If you already work in a restaurant, talk to your employer about signing up for an apprenticeship training program.

- **LINE COOK**  
(12 months)
- **KITCHEN MANAGER**  
(18 months)
- **RESTAURANT MANAGER**  
(24 months)

### ADVANTAGES OF PARTICIPATING

- **JOB STABILITY:** Apprenticeships have an 80% retention rate nationwide.
- **GOOD PAY:** The average wage increase for employees over the course of their apprenticeship is 14%
- **EXCELLENT OPPORTUNITIES:** Placement options include every type/style of restaurant.
- **PROFESSIONAL DEVELOPMENT:** Additional training and certifications are available at no cost to you.

### PROGRAM EXPECTATIONS

- Dedication to learning culinary skills, safety & sanitation requirements, and management & leadership skills.
- Commitment to the program for as long as it takes to gain the required skills and complete the training.
- Line Cook Apprentices are expected to complete the program in 1 year, while Management Apprentices are expected to complete the program in 2 years, if working full time.
- Part-time options also are available.

**Gain skills & knowledge, make the move toward leadership,  
and advance your career in this exciting industry!**

### HOW DO I PARTICIPATE?

Simply email Hope Sterner, [hsterner@prla.org](mailto:hsterner@prla.org), or Andrea Trubiano, [atrubiano@prla.org](mailto:atrubiano@prla.org), to get started.



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## TRAINING SUPPORT

*Training support is valid through June 30, 2024.*



### PRE-APPRENTICE & APPRENTICE

- **\$75** – Complete the exploration course
- **\$50** – Meet with PRLAEF about the apprenticeship application process
- **\$50** – Complete first interview
- **\$50** – Complete apprenticeship registration



### EDUCATOR SUPPORT

- **\$160** – Per youth enrolled to pay for credentials
- **\$75** – Per youth enrolled to pay for classroom training supplies
- Gift item per enrollee (Mercer knife set, Acer Chromebook, portable induction burner, induction-compatible stainless steel kitchen cookware set)

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